

A Mug of Tea

**a strathspey in 32 bars for 3 couples in a longwise set
recommended tune: any suitable strathspeytime music**

- 1 - 4 1st couple dance towards each other and cast off one place. 2nd couple step up on bars 3 - 4
- 5 - 8 1st lady dances right hands across with 2nd couple while 1st man dances right hands across with 3rd couple. At the end, 1st couple meet in the middle facing down
- 9 - 16 1st couple lead down the middle and up, finishing in 2nd place on own side
- 17 - 24 2nd, 1st and 3rd couple dance six hands round and back
- 25 - 32 1st lady with 2nd couple and 1st man with 3rd couple dance a reel of three across the dance

repeat having passed a couple

devised by Charly Rembold and Rudolf Spägle
8. November 1992